

**PROGRAM STRUCTURE POST RN BS NURSING**

<b>Year – I</b>					
<b>Semester - I</b>			<b>Semester - II</b>		
<b>S#</b>	<b>Subjects</b>	<b>Credits</b>	<b>S#</b>	<b>Subjects</b>	<b>Credits</b>
1	Biochemistry	2.0	1	Advance Concepts in Nursing (II)	4
2	Advance Concepts in Nursing I	4.0	2	Introduction to Biostatistics	3
3	Health Assessment	3.0	3	Epidemiology	2
4	Pharmacology	3.0	4	Culture Health & Society	2
5	English I	2.0	5	Nursing Theories & Models	2
6	Computer Skills &	2.0	6	English II (Academics)	2
			7	Principle of Teaching and Clinical Preceptorship	3
	<b>Total Credits</b>	<b>16</b>		<b>Total Credits</b>	<b>18</b>
<b>Year – II</b>					
<b>Semester I</b>			<b>Semester II</b>		
<b>S/no</b>	<b>Subjects</b>	<b>Credits</b>	<b>S/no</b>	<b>Subjects</b>	<b>Credits</b>
1	Advance Concepts III (CHN)	4	1	Research/ Evidence based Elective project	4
2	Introduction to Nursing Research	3	2	Clinical Practicum	6
3	Professional Development and Ethics	3	3	English IV (Scholarly writing)	2
4	Pak Studies	2	4	Islamiat	2
5	Leadership and Management	3		<b>Total credits</b>	<b>14</b>
6	English (Professional writing)	2			
	<b>Total credits</b>	<b>17</b>			

**PROGRAM STRUCTURE BS NURSING**

Year - I					
Semester – I			Semester - II		
S#	Subjects	Credits	S#	Subjects	Credits
1	Fundamental of Nursing -I	4	1	Fundamental of Nursing -II	4
2	Microbiology	3	2	Anatomy and Physiology II	3
3	Anatomy and Physiology -I	3	3	Community Health Nursing -I	3
4	Biochemistry for Nurses	3	4	Applied Nutrition	1
5	English -1	2	5	English-11	2
6	Computer Skills	1	6	Islamiat*	2
			7	Pak studies	2
	<b>Total Credits</b>	<b>16</b>		<b>Total Credits</b>	<b>17</b>

Year - II					
Semester – III			Semester - IV		
S#	Subjects	Credits	S#	Subjects	Credits
1	Adult Health Nursing I	8	1	Adult Health Nursing-II	8
2	Pathophysiology I	2	2	Pathophysiology II	3
3	Health Assessment -I	2	3	Health Assessment-II	2
4	Pharmacology-I	2	4	Developmental Psychology	2
5	Mathematics	1	5	Pharmacology II	2
6	English-III	2	6	English III	2
	<b>Total Credits</b>	<b>17</b>	7	Nursing Ethics	1
				<b>Total Credits</b>	<b>20</b>
Year - III					
Semester – V			Semester - VI		
S#	Subjects	Credits	S#	Subjects	Credits
1	Pediatrics Health Nursing	7	1	Mental Health Nursing	6
2	Community Health NursingII	6	2	Introduction to Biostatistics	3
3	Teaching/Learning:Principles and Practices	3	3	Behavioural Psychology	3
4	English V	2	4	Epidemiology	2

	<b>Total Credits</b>	<b>18</b>	5	English-VI	<b>2</b>
				Culture, Health and Society	<b>2</b>
				<b>Total Credits</b>	<b>18</b>
<b>Year - IV</b>					
<b>Semester – VII</b>			<b>Semester - VIII</b>		
<b>S#</b>	<b>Subjects</b>	<b>Credits</b>	<b>S#</b>	<b>Subjects</b>	<b>Credits</b>
1	Critical Care Nursing	<b>7</b>	1	Community Health Nursing-III	<b>5</b>
2	Introduction to Nursing Theories	<b>2</b>	2	Nursing Seminar / role transition	<b>2</b>
3	Leadership and Management in Nursing	<b>3</b>	3	Clinical Practicum	<b>5</b>
4	Nursing Research	<b>3</b>		<b>Total Credits</b>	<b>12</b>
5	English VII	<b>2</b>			
	<b>Total Credits</b>	<b>17</b>			

## **PROGRAM STRUCTURE LADY HEALTH VISITOR (LHV) 2 YEAR DIPLOMA**

### **PRELIMINARY TRAINING SESSION (PTS) SECTION I**

<b>S/NO</b>	<b>Subject</b>	<b>Theory</b>	<b>Practical</b>	<b>Total</b>
1	Anatomy & physiology	60	18	78
2	Microbiology	30		30
3	Materia Medica	24		24
4	First Aid	15	20	35
5	Basic Nursing procedure	50	80	140
6	Physics chemistry	10		10
	<b>Total</b>	189	118	307

### **FIRST YEAR LHV SECTION II**

<b>S/NO</b>	<b>Midwifery course</b>	<b>Theory</b>	<b>Practical</b>
	<b>Obstetric</b>		490
1	Introduction to midwifery	4	
2	Anatomy and physiology of reproductive organ	12	
3	Development of fetus	20	
5	Antenatal care	12	
6	puerperium	8	
7	Normal labor	40	
8	New born baby	12	
9	Principles and practices of district midwifery	20	
10	EPI	6	
11	Family planning	12	
12	Midwifery related to public health	12	
	<b>Obstetrical Nursing</b>		522
1	Complications of pregnancy	16	
2	Obstetrical operations	10	
3	Pre and post maturity	8	
4	Abnormal labor	50	
5	Complications of new born	10	

### **SECOND YEAR LHV SECTION III**

<b>S/NO</b>	<b>LHV Course</b>	<b>Theory</b>	<b>Practical</b>
1	Public Health practice and administration	30	30
2	Primary health care	30	30
3	MCH services	45	250
4	Family Planning	30	75
5	Food and nutrition	30	40

6	Child survival	70	140
7	Hygiene	50	100
8	Epidemiology and communicable diseases	50	60
9	Health education, Principals methods and techniques of teaching	50	20
10	School health services	15	15
11	Statistics and records	15	15
12	Public health care management and supervision	30	
13	Training of indigenous Dais and TBAs	10	30
14	English	122	